



Maxfield Sparrow

AUTISTIC AUTHOR, EDUCATOR & SPEAKER

Maxfield Sparrow is an Autistic author, educator, and speaker whose work explores autism, gender, aging, and science. They edited *Spectrums: Autistic Transgender People in Their Own Words* (Jessica Kingsley Publishers, 2020), and their work has appeared in *National Geographic* and the Harvard Petrie-Flom Center's *Bill of Health*. They serve as a community stakeholder with Stanford's Center for Sleep in Autism Spectrum Disorder, bringing lived experience to research design.

SIGNATURE TOPICS

- 1 Autism and Aging**
Identity, visibility, and connection across the lifespan, and how communities can better support Neurodivergent adults as they grow older.
- 2 Autism, Sleep, and Circadian Rhythms**
What sleep science overlooks about Autistic bodies, drawing on lived experience with N24 and community-based research with Stanford.
- 3 Autism and Gender**
What it means to be Autistic and gender-divergent in a world built for neither, drawing on their anthology, *Spectrums*, and a lifetime of non-binary identity.
- 4 Facilitating Autistic Peer Support Groups**
What makes peer support work for Autistic adults, informed by years of facilitating AANE groups and co-founding a Trans Autistic peer meetup.

SELECTED APPEARANCES

- Daniel W. Rosenn Symposium**
Autism and aging, 2026
- Duke Sexual and Gender Minority Health Symposium**
Panelist, 2022
- Autism Transitions Summit**
Keynote, University of Kentucky Human Development Institute, 2019
- UNC Asheville**
Disability is Diversity Week, 2016
- Stanford Neurodiversity Summit**
Panelist with Rabbi Ruti Reagan, 2023
- Critical Autism Studies Conference**
Participatory Autism Research Collective, 2021
- Association for Autistic Community Conference**
Autism and circadian rhythms, 2016
- University of Texas at Austin**
Week of presentations, 2016

"Your presentations were truly magical, and the space you helped create was a beautiful example of community care at its best."

Becca Lory Hector, Director of Training, AANE

Invite Maxfield

- Keynotes
- Panels
- Workshops
- Podcast conversations

Available remotely, or in person anywhere in the continental United States. Mileage is reimbursed in addition to the speaking fee or honorarium.

Booking & inquiries

Maxfield@SparrowRose.com
MaxfieldSparrow.com